

ACE Group Coaching

ADULT BEGINNERS

Learn to play golf in a friendly and relaxed environment

ACE Level 1

Our group coaching will consist of 6 x 1 hour lessons to take you from a complete beginner to being able to play on the par 3-castle course. Covering the fundamentals of the set up and the swing as well as starting to introduce some of the short game areas such as putting and chipping. The cost for each level is £65.00 and includes your own golf club to practice with and use through the lessons

Start dates for ACE Group Coaching Level 1

| | | | |
|--------------|--|-------------|--|
| Feb | Monday 15 th 7.00pm – 8.00pm | Mar | Tuesday 23 rd 7.00pm – 8.00pm |
| April | Wednesday 28 th 7.00pm – 8.00pm | May | Thursday 27 th 7.00pm – 8.00pm |
| June | Friday 25 th 7.00pm – 8.00pm | July | Monday 26 th 7.00pm – 8.00pm |
| Sept | Tuesday 28 th 7.00pm – 8.00pm | Oct | Wednesday 20 th 7.00pm – 8.00pm |

ACE Level 2

This will continue to develop your skills and knowledge in an on course environment using the Par 3 Castle course. ACE level 2 will consist of 6 x 1 hour lessons.

ACE Level 3

ACE Level 3 will start to teach you the key areas to prepare you for the main golf course.

LEARN GOLF IN A DAY

New for 2010 is our Learn Golf In A Day programme - only £49.95 per person! This day is designed to give you a taster of what the game has to offer without the expense of time and cost. During this day you will receive the whole of the ACE Level 1 Programme and be able to try out your new skills around a real golf course - in just one day! Also includes lunch.

Available Dates –

| | | | |
|-------------------------------------|----------------|------------------------------------|----------------|
| Sunday March 21st | 9am-3pm | Sunday May 23rd | 9am-3pm |
| Sunday July 18th | 9am-3pm | Sunday Sept 26th | 9am-3pm |

FREE TASTER SESSIONS

FREE taster sessions are run throughout the year. This is an ideal opportunity for you to come and have a go at playing golf. These lessons are set in a friendly and relaxed atmosphere and completely free of charge. All equipment will be provided.

The dates for the taster lessons are:

| | | | |
|--------------|--|-------------|---|
| Feb | Monday 8 th 7.00pm – 8.00pm | Mar | Tuesday 16 th 7.00pm – 8.00pm |
| April | Wednesday 21 st 7.00pm – 8.00pm | May | Thursday 20 th 7.00pm – 8.00pm |
| June | Friday 18 th 7.00pm – 8.00pm | July | Monday 19 th 7.00pm - 8.00pm |
| Sept | Tuesday 21 st 7.00pm – 8.00pm | Oct | Wed 13 th 7.00pm – 8.00pm |