



Play from the flag backwards

Winter is moving in and the tees are moving forward - so, although there may be less roll on the softer ground, I'm finding myself hitting my second/third shots nearer to the greens than I did in the Summer.

Recently, as I stood over my second shot on a par five with 250 yards to the green and a 3 wood in my hands, I remembered that I can't hit my 3 wood 250 yards! ...so why was I hitting a high risk shot that, at best, would leave me with a difficult shot into the green when I actually prefer to hit into the green from around 100 yards?

I put the 3 wood back in the bag, hit an easy (low risk) 7 iron, followed by a gap wedge to within 10 feet for a birdie putt...which I missed!
However, I'm sure you get the idea.

There is something worryingly macho about always trying to hit the ball as far as you can, whereas if we just stopped for a moment and thought about each hole from the flag backwards rather than from the tee forwards, we'd definitely make some very different club selections and, as a result, shoot significantly lower scores.

Keep warm and enjoy your golf!

Denis

Denis Secher - Mind Factor Coach

ACE Golf Academy Ltd

Head Office: Number Seven, Clarendon Place, Royal Leamington Spa, CV32 5QL

☎ (+44) 0 845 474 8608 ☎ (+44) 0 7967 595151 ☎ (+44) 0 7912 964491

💻 www.acegolfacademy.co.uk ✉ info@acegolfacademy.co.uk

Registered Address- 9 Innovation Village, Cheetah Road, Coventry, CV1 2TL

Company Registration No. 6819165